

VOLUME 43 | NOVEMBER 2025

NEWSLETTER



HMONG COLLEGE PREP ACADEMY

As November comes to an end, our school community continues to feel focused and connected. Students are learning with confidence, and classrooms are full of creativity and collaboration. We're excited for the growth, celebrations, and opportunities the rest of the school year will bring.

UNIFORM POLICY

Students are required to be in uniform at all times. We encourage parents to support the school uniform policy. Students are expected to dress appropriately for school. Parents will be contacted if students do not dress accordingly. Please note what not to wear: Crocs, hats, sandals, hoodies, shorts, leggings, and T-shirts are not allowed.

If you would like to purchase uniforms, please contact the main office (651) 209-8002 and set up a time to come in and shop.

DONATIONS:

We are taking new or gently used uniform donations in the main office. There is a donation bin outside the main office.



WHAT TO WEAR?

CREW NECK SWEATERS

BLACK

RED

NO T-SHIRTS

POLO SHIRTS (SHORT OR LONG)

BLACK

RED

WHITE

BOTTOMS

BLACK JEANS - WITH
NO RIPS

BLACK SLACKS

BLACK DRESS PANTS

NOT PERMITTED:



NO SANDALS



NO HOODIES/ZIP
UP HOODIES



NO CROCS



NO HATS



NO SLIDES



NO T-SHIRTS



NO SHORTS



NO LEGGINGS OR
YOGA PANTS

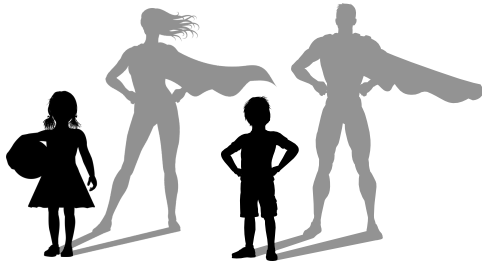
SPORTS

THE BOYS AND GIRLS BASKETBALL TEAMS
WILL HAVE THEIR FIRST GAMES OF THE
SEASON BEGINNING **DECEMBER 1ST.**



CLASSROOM NEWS

ELEMENTARY



Warrior Value of November is Gratitude: Warriors are thankful and show appreciation.

3RD GRADE FIELD TRIP

On October 29th, 3rd graders put their “I notice” and “I wonder” skills to work at The Works Museum in Bloomington. They dug in into the basics of engineering, science, and technology with interactive experiences and design challenges. Students were able to touch, try, and build as they explored how things work. In addition, students experimented in a workshop to learn how light reflects and absorbs. They then ended their field trip at the Hyland Lake Park Reserve with a picnic and time to play in its amazing play area. Below are some highlights from this fun day of learning!



CLASSROOM NEWS

ELEMENTARY

2ND GRADE FIELD TRIPS

At the end of October, our 2nd graders traveled back in time on the Gibbs farm near the edge of the U of M St. Paul Campus. The field trip explored the story of Jane Gibbs, a pioneer woman, and offered a glimpse into early farm life in Minnesota. Students rotated through interactive stations arranged as a historical timeline, featuring experiences such as visiting a replica sod dugout with farm animals, touring the Gibbs farmhouse's Original Room and Victorian Parlor, exploring the bed chambers and Farm Lab, visiting the Summer Kitchen and one-room schoolhouse, and participating in a hands-on candle-dipping activity. During the trip, students also had the opportunity to learn more about the Dakota, Minnesota's first people, in the early nineteenth century. When asked what students learned on the trip, many remarked, "Native Americans used buffalo bones to make things!" and, "A teacher had to teach all the grades in one room!" Our Warriors had a great time immersing themselves in Minnesota history!



CLASSROOM NEWS

E L E M E N T A R Y

2ND GRADE SPECIAL GUESTS

On Friday, our second grade HCPA classes had the opportunity to welcome special guest presenters from MEDY (Medical Education for Developing Youth) through the University of Minnesota - Twin Cities. Specifically, the college group presented a workshop entitled, Big Feelings, Brave Hearts. With many connections to our K-12 RULER curriculum, the session's goals were to:

- Help students identify and name their emotions with confidence.
- Reduce stigma by normalizing emotional ups and downs.
- Introduce simple regulation tools: breathwork, mindfulness, tactile grounding, and expressive tools.
- Practice how to ask for help and support others with empathy.

Second graders engaged in a variety of activities to accomplish their learning goals, including working on breathing techniques with stuffed animals, discussing how they might feel during different situations, and identifying emotions they have felt that week. Below are some photos from across the classrooms!



CLASSROOM NEWS

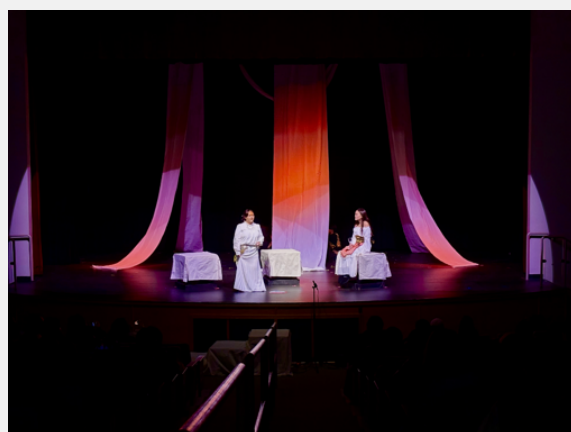
SECONDARY

MN ZEJ ZOG YOUTH CONFERENCE

On October 1st, MZZ hosted their Youth Mental Health Conference at HCPA. Students Jenny Lee and Chelsea Cha proudly represented HCPA as presenters through the CLIMB Youth Leadership program. The event was well attended by students and families, who participated in several engaging workshops, including Being Kinder to Oneself, Conquering Mental Challenges in Sports, and Yag Kawg! Find Your Voice: Healing through Identity, Music, and Poetry. Keynote speakers Tou SaiKo Lee and David Her, along with their panelists, shared powerful insights and mentorship that truly inspired the students.



PRODUCTIONS SHOW: THIAB TSOV



On October 6th, the Theatre Productions class presented their show "Thiab Tsov: The Hero, the Bride, and the Tiger." The show itself told the story of the original Hmong folk tale The Tiger Bride or "Nuj Nplhaib thiab Ntxawm" and explored what that situation would be like today if a modern teenager underwent the trials of the tale. Led by Kennedy Yang, Jason Vang, and Evionn Lee, these teenagers faced the questions of whether to fit in and be the hero or be a tiger and live outside the expectations of society. Having worked diligently designing the costumes, choreography, and putting it all together, the students celebrated a major achievement by having one of the largest audiences for the theatre show to date. Thank you all to everyone who came and supported these students. We look forward to seeing you at the next show!

CLASSROOM NEWS

SECONDARY

HS GENERAL MUSIC FIELD TRIP TO THE ORDWAY

Last week, the High School General Music students took a Field Trip to the Ordway Center for Performing Arts to see Native Pride Productions. The students really enjoyed experiencing live Native American music and dance. It helped them better understand and connect with both the performance and the material they are learning in class. The show featured performers of all ages, including a young boy who quickly became the crowd's favorite.



8TH GRADE ELA

Over the past two weeks, 8th Grade ELA students have been engaged in close readings of local poet Ka Vang's "Extraordinary Hmong" poem.

They've been investigating the vocabulary, allusions, and inferences associated with Vang's themes, messages, and central ideas. Then, students have been composing and revising their own versions of the same - check out two great examples by students Kongmeng Moua and Anastazia Vue!

The Magician From Vientiane

By Kongmeng Moua

I am the magician from Vientiane
Not a super human or powerful sorcerer
A magician with no trick
An unorthodox magician
Possessed by Preston Ware
I move through life as if rehearsed a hundred times before
Like reading the books by Phillidor
From the scorching summer of Vientiane
To the frosty winter of St. Paul
I still wish for more
Some may call it greed
But I dare say I am just being adventurous
Every step feels like a Chess move
I may make a blunder or a brilliant move
Yet I take my walk with haste
Knowing my life still has much to be discovered
As far as the fianchetto can see
I say I am a magician from Vientiane
But not the same as the magician from Riga
I may pretend to be Fischer
But I am nobody else other than me
I do not have otherworldly talent
I can only calculate which choice I have the best chance at
The pride of my ancestors lay upon me
I cannot disappoint them
Without the sacrifices they've made, I may be working in field
Never tasting any luxury
To fulfill my life purpose
I cannot blindly sacrificing everything
For I must move on in life like playing the golden game
So when I am gone, people will throw gold coins
So when I am gone, my legacy will be remembered
I am the magician from Vientiane

I glow like the Milky Way

By Anastazia Vue

A new soul brought into this world
Bright and pure as a fawn
smiles that lit up this universe
And touched hearts
I may look like I've lost spark,
with spider lilies planting
In my body
but I still glow
in my own way
Just not what you've dreamed of.
I'm not gonna be your puppet,
nor make your desires
true
I choose where I go
and what is befitting
my image
Yes, I won't know how to
say other languages than English
But that doesn't mean my worth
Is
Nothing
To
You
and I'll never be your personal chef.
I won't be your mom
working for you
My future will glow like the Milky Way
leaving stars in space as I glow.
I'm not a copy n paste
I'm unique
I glow like the Milky Way

K-12 Staff Food Drive



Since starting in early November, we have already provided food to over 70 students and the counseling team has been receiving new requests every day. Below are photos of the food pantry in the Counseling Office. Thank you to everyone who has donated – your support and generosity are greatly appreciated!



World Culture Day



World Culture Day Highlights

This year's World Culture Day was a huge success and brought so much joy to our school. Students filled the stage with music, dance, and cultural fashion that truly celebrated the many identities within our community. Both the Talent Show and Fashion Show were filled with students shining confidently and proudly throughout each performance.

We were honored to welcome two very special surprise guests, Koob Tsheej Xyooj and Tou SaiKo Lee, as well as artists Chenning Xiong and GY. They spent the day meeting students, taking photos, and sharing in the celebration. Their presence brought even more excitement and made the event truly unforgettable.

Thank you to our students and staff for helping make this event one of the most vibrant celebrations of the year. Our community showed up with so much pride and support, and we're grateful for everyone who helped bring World Culture Day to life.





IMPORTANT CONTACT INFORMATION

MAIN OFFICE

FRONTDESK@HCPAK12.ORG
651-209-8002

ATTENDANCE OFFICE

ATTENDANCE@HCPAK12.ORG
651-332-8567

TRANSPORTATION OFFICE

HCPA_TRANSPORTATION@HCPA
K12.ORG
651-289-1877

HEALTH OFFICE

HEALTHOFFICE@HCPAK12.ORG
651-209-8004

REGISTRATION/ENROLLMENT

ENROLLMENT@HCPAK12.ORG
651-334-5842

FOLLOW HCPA VIA



**HMONG COLLEGE
PREP ACADEMY**



**HMONG COLLEGE
PREP ACADEMY**



HCPA WARRIORS

DECEMBER IMPORTANT DATES SUBJECT TO CHANGE

DECEMBER 1-12
PENNY WARS

DECEMBER 3 | 8AM
NEO LEARNING WALK

DECEMBER 10 | 6PM
WINTER CHOIR CONCERT

DECEMBER 11
**THEATRE HOLIDAY
PERFORMANCE**

DECEMBER 12
NO SCHOOL

DECEMBER 17 | 6PM
WINTER BAND CONCERT

DECEMBER 22-JANUARY 2
CHRISTMAS BREAK
NO SCHOOL